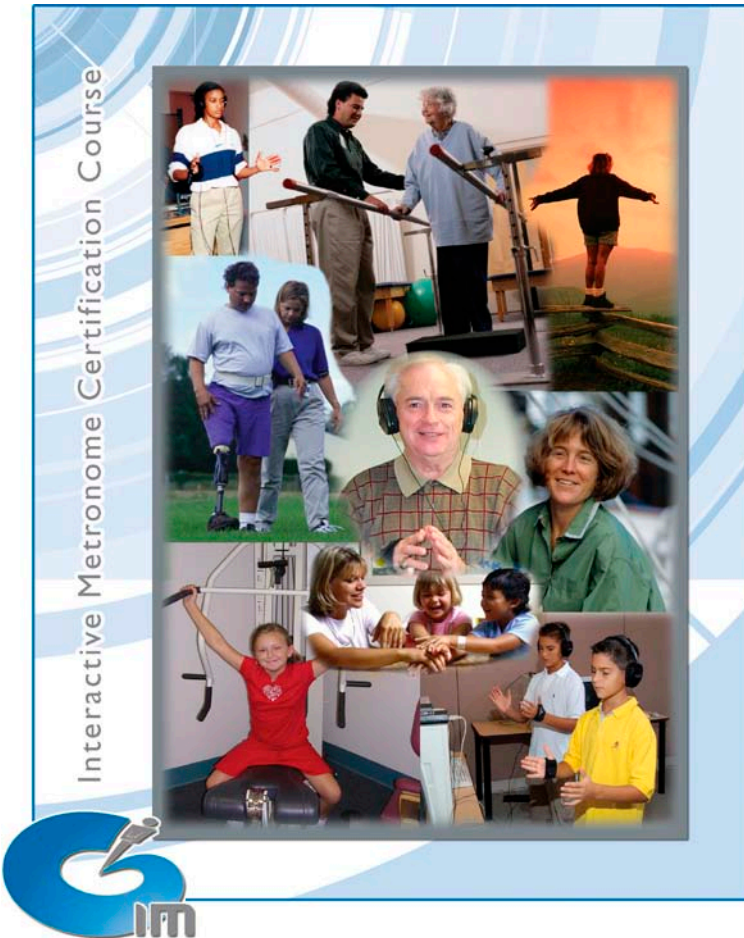


# FACILITY HOSTING PACKET IM CERTIFICATION COURSE & IM PEDIATRIC BEST PRACTICES COURSE



The Interactive Metronome (IM) is an evidenced-based treatment program that improves planning and sequencing and encourages neuroplasticity.

Today, there are more than 15,000 certified providers in hospitals and clinics in the US and Internationally to help patients with neurological & motor deficits.

Clinical trials show IM improves:

- Attention & Concentration
- Planning and Organizing
- Balance & Coordination
- Motor Control
- Language Processing

## EARN 8.0 CONTACT HOURS WHILE BECOMING INTERACTIVE METRONOME CERTIFIED (IMC) IN THIS ONE-DAY COURSE!



Interactive Metronome is approved by the Continuing Education board of ASHA to provide continuing education activities in speech-language pathology and audiology. This program is offered for 0.8 CEUs (Introductory Level; Professional area). ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.



Interactive Metronome is approved by the Continuing Education board of AOTA to provide continuing education activities in occupational therapy. This program is offered for 0.8 CEUs (Introductory Level; Professional area). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



Interactive Metronome, Inc. is recognized by the Board of Certification, Inc. to offer continuing education (CE) for Certified Athletic Trainers (ATs). This program has been approved for a maximum of 8.0 CEUs. ATs are responsible for claiming only those hours actually spent participating in the CE activity.

\*PTs & PTAs may submit paperwork to your state board for CEUs

# INTERACTIVE METRONOME CERTIFICATION COURSE



## Course Description:

Join us for a one-day workshop leading to full Interactive Metronome (IM) Certification. IM is a cutting-edge neurological assessment and treatment tool that is redefining traditional expectations for pediatric and adult therapy outcomes. Learn how thousands of practitioners around the country and globally are using IM to improve cognitive, communicative, behavioral and motor deficiencies in patients who suffer from a host of debilitating conditions, including: Auditory and Sensory Processing Disorders, Dyslexia and other Learning Disorders, Autism Spectrum Disorders, Attention Deficit/Hyperactivity Disorder, Tourette's Syndrome, Stroke, Traumatic Brain Injury, and more. This course welcomes OT/COTAs, SLP/SLPAs, PT/PTAs, ATCs, Educators, Licensed Rehabilitation, Medical, and Mental Health Professionals, Psychiatrists, Neurologists, Psychologists, and Chiropractic Care Professionals. No prior knowledge of IM is required. This stimulating workshop includes clinical basis, research findings, and clinical application to various patient populations with plenty of hands-on experience and interaction throughout the one-day course. Upon completion of the course, participants will be fully certified and will demonstrate working knowledge of both technical and clinical applications of the IM. **\*Contact hours are offered pending successful completion of a written exam at the end of the course.**

## Learning Outcomes:

Upon completion of this course, participants will be able to:

- Articulate the development of IM & cite specific research studies supporting the efficacy of IM;
- Evaluate candidacy for IM based upon cognitive, communicative, social/behavioral, and/or motor deficits as it pertains to developmental and acquired neurological disorders;
- Perform & interpret objective IM assessments competently;
- Create & execute individualized IM treatment utilizing six phases of IM treatment;
- Produce and interpret reports;
- Select sensitive pre and post assessment tools to measure effectiveness of IM & generalization of gains to settings outside of the clinic;
- Identify IM exercises can and will be modified to meet individual patient needs;
- Develop individualized goals for IM treatment that are both functional and measurable.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.**

## Specific Learning Outcomes for SLPs:

- SLPs will demonstrate evidence-based practice through knowledge regarding available research and supporting literature for use of Interactive Metronome® (IM) in the remediation of speech/language and cognitive/linguistic disorders;
- SLPs will demonstrate appropriate clinical application of IM in pediatric, adolescent, and adult/geriatric patient populations for individualized remediation of developmental and acquired neurogenic speech-language & cognitive-linguistic disorders;
- SLPs will demonstrate objective, measurable & functional goal-writing in order to gauge meaningful IM treatment outcomes;
- SLPs will select appropriate speech/language and cognitive/linguistic assessment batteries to objectively measure changes pre- and post- IM treatment;
- SLPs will select appropriate diagnosis and CPT codes to maximize reimbursement for IM assessment & treatment.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.**

## Agenda:

07:15 – 07:45	Registration & Continental Breakfast
07:45 - 10:00	<u>Introduction to Interactive Metronome</u> <ul style="list-style-type: none"><li>• Components of IM: Hardware</li><li>• History of Interactive Metronome</li><li>• Evidence-Based Practice: Clinical Research</li><li>• Candidacy for IM</li><li>• Components of IM: Software</li></ul>
10:00 - 10:15	Break
10:15 - 12:30	<u>Clinical Application: IM Assessment</u> <ul style="list-style-type: none"><li>• Pre &amp; Post - IM Assessment</li><li>• Default Settings</li><li>• Objective Data</li><li>• Assessment Modifications</li><li>• Short Form Test &amp; Workshop</li><li>• Long Form Assessment &amp; Workshop</li><li>• Attend Over Time Test</li><li>• Interpreting IM Assessment Results</li></ul>
12:30 - 01:30	Lunch
01:30 - 03:15	<u>Clinical Application: IM Treatment</u> <ul style="list-style-type: none"><li>• Establishing IM Treatment Goals</li><li>• IM Treatment Approach: Adjusting For Individual Needs</li><li>• IM Treatment: Phase One &amp; Workshop</li><li>• IM Treatment: Phase Two &amp; Workshop</li></ul>
03:15 - 03:30	Break
03:30 - 04:45	<u>Clinical Application: IM Treatment (continued)</u> <ul style="list-style-type: none"><li>• IM Treatment: Phase Three &amp; Workshop</li><li>• IM Treatment: Phase Four &amp; Workshop</li><li>• IM Treatment: Phase Five &amp; Workshop</li><li>• IM Treatment: Phase Six &amp; Workshop</li></ul>
04:45 - 05:00	IM Reports
05:00 - 05:15	Best Practices: Use Your Skill & Creativity With IM & Exam

## Instructor (one of the following):

- Dara Coburn, MS, CCC-SLP
- Andrew Dillen Hartley, OTR/L
- Lorraine S. Inducci, AuD, CCC-A
- Mary Jones, OTR/L, LMT
- Barbara Lindner, M.Ed, OT/L
- Jonathan McKee, OTR/L
- Nikki Smith, MS, CCC-SLP
- Shelley Thomas, MPT
- Janey Tolliver, MA, CCC-SLP
- Amy Vega, MS, CCC-SLP
- Lisa Poe, MOT, OTR/L
- Michelle Santer, OTR/L
- April Christopherson, OTR/L
- Heather Cross, OTR/L

## CEUs Offered for:

- 0.8 SLPs (ASHA)
- 0.8 AOTA (OT/COTAs)
- 8.0 BOC (ATCs)

\*PTs & PTAs may submit paperwork to your state board



**Interactive Metronome** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.8 ASHA CEUs (Introductory level, Professional area).



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Interactive Metronome, Inc. is recognized by the Board of Certification, Inc. to offer continuing education (CE) for Certified Athletic Trainers (ATs). This program has been approved for a maximum of 8.0 CEUs. ATs are responsible for claiming only those hours actually spent participating in the CE activity.

## Course Description:

Join us for a one-day workshop leading to the Interactive Metronome Advanced Pediatric Designation (IMAP). Optimal treatment outcomes are more easily attained when there are appropriate accommodations for age, developmental level, group dynamics and environmental factors. The purpose of this course is to advance the clinical application of Interactive Metronome (IM) within the field of pediatric practice. This course will cover individualized clinical application of the IM from infancy through age 18. Participants will learn the skills necessary to adapt to often fluctuating clinical presentations with individualized treatment approaches that are engaging and motivating to the pediatric client. This course welcomes OT/COTAs, SLP/SLPAs, PT/PTAs, ATCs, Educators, Licensed Rehabilitation, Medical, and Mental Health Professionals, Psychiatrists, Neurologists, Psychologists, and Chiropractic Care Professionals. Course participants should have completed the basic Interactive Metronome Certification Course prior to undertaking this advanced training. **\*Contact hours are offered pending successful completion of a written exam at the end of the course.**

## Learning Outcomes:

Upon completion of this course, participants will be able to:

- Identify candidates for IM intervention based upon key pediatric diagnostic presentations;
- Create and execute individualized IM treatment plans that take into consideration the unique cognitive-linguistic, sensory, motor, and motivational needs of each child;
- Demonstrate skillful application of IM in group treatment settings;
- Develop functional and measurable goals for incorporation of IM in a comprehensive treatment approach;
- And communicate effectively with parents and other professionals regarding how IM can enhance treatment outcomes for children.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.**

## Specific Learning Outcomes for SLPs:

- Identify candidates for IM intervention based upon key pediatric diagnostic presentations;
- Create and execute individualized IM treatment plans that take into consideration the unique cognitive-linguistic, sensory, motor, and motivational needs of each child;
- Demonstrate skillful application of IM in group treatment settings for development of cognitive-communicative and pragmatic language skills;
- Develop functional and measurable goals for incorporation of IM in a comprehensive treatment approach;
- And communicate effectively with parents and other professionals regarding the benefits of IM and specific pediatric adaptations for improvement of cognitive-communicative abilities.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.**

## Instructor:

- **April Christopherson, OTR/L** has been an Occupational Therapist for almost 20 years and has worked with diverse populations in a variety of settings – including home health, private clinic and in-patient rehabilitation. She is co-owner of Performance Advantage, LLC in Colorado Springs, CO where her current clientele range from pediatrics to adults to high performance athletes. She believes in a whole, team approach to the client – including various medical professionals and therapists plus the use of functional neurology and metabolic/nutrition counseling. April was granted her BS degree in Occupational Therapy from St Ambrose University in Davenport, IA in 1991. She obtained a BA in Psychology at the same time. She has furthered her education by taking courses and reading materials that foster her knowledge in helping clients recover neurological functioning from the lowest level to the higher cognitive and executive levels (such as Boehme Approach to Treatment of the Baby, Sensory Integration Clinics (various), The Listening Program, Alert Program, Treating Drug Affected Children, OT in the Schools, Benbow's Loops and Other Groups, Marriage and Family Counseling, Nutrition, Studies in Neurology, and various other certification classes.) She uses IM as an intensive neurological treatment option for qualified clients and as an introductory functional treatment option for pediatrics.
- **Heather Cross, OTR/L** has been an Occupational Therapist for 17 years. Her scope of practice has included hand therapy, orthopedic rehab, home health, school based therapy, acute care, and pediatrics. She is the co-owner of Performance Advantage, LLC in Colorado Springs, CO. Her current clientele includes a population that ranges from pediatrics to adult. She also works with high performance and pro athletes. She uses a holistic approach with all of her clients; utilizing various medical professions, treatment techniques, functional neurology, and metabolic/nutritional counseling. Heather received her BS in Occupational Therapy from Colorado State University in 1993. Since that time she has been an advocate of continuing education and sponsoring

students in their fieldwork assignments at all levels. She has furthered her education through various courses and self study over the last 17 years. Recent courses taken have been chosen to help with her belief that clients can recover neurological functioning at all ages. Some of these programs include: the Listening program, the Alert Program, Sensory integration techniques, and studies in neurology. Heather uses Interactive Metronome as part of an intensive neurological treatment option for qualified clients and as an introductory functional treatment option for pediatrics. She is a huge proponent of the Interactive Metronome following several years of great success using IM with her clientele.

- **Dillen Hartley, OT** graduated from the University of Pretoria, South Africa, school of Occupational Therapy in 1995 and moved to the USA in 1996. He is co-owner of Advanced Therapy Solutions, Inc, an outpatient Physical and Occupational Therapy practice serving clients of all ages in five locations. Mr. Hartley has 14 years of clinical experience and is trained in multiple treatment approaches with both adults and pediatrics. His interests include the treatment of deficits related to stroke, traumatic brain injury, Autism, development disorders, sensory processing disorders, ADHD, ADD and learning disabilities in infants, children and adults. His experience with sensory integration, neuromuscular re-education, brain gym, vision therapy, environmental adaptation, Tai-Chi, yoga and technology based treatment approaches for all ages has served him well as a presenter of certification courses, webinars and professional seminars. Mr. Hartley serves as a clinical advisor for Interactive Metronome and other "Therapy based" companies in research, protocol and practice development areas.
- **Mary Jones, OTR/L, LMT, CIMT** graduated from St. Loye's School of Occupational Therapy (UK) in 1986. Has been an Occupational Therapist for 20 (+) years and has been practicing in the USA since 1993. Additional training has included a BS in Healthcare and Social Welfare from Manchester University in 1992, Massage Therapy License in 1996, NDT certification in 1994. Mary has worked in a variety of healthcare settings in both the USA and the UK. These include home health in the inner-city (London), orthopedics, geriatric psychiatry, outpatient rehab, brain injury specialty (adult and pediatric) and pediatric outpatient therapy. Clinical further education includes NDT advanced courses, infant massage certification, cranio-sacral therapy, myofascial release techniques, motor control and the development of motor learning, Therapeutic Listening Program, Integrated Listening Systems, Brain Gym, Pilates, Active Isolated Stretching Techniques, Visual-motor Training, Vestibular Training, Beckman Oral Motor Assessment and Intervention, Handwriting Without Tears, ADHD and Nutrition Interventions, Aromatherapy, Aquatic Therapy, Sensory Integration assessment and interventions, Autism assessment and interventions, Interactive Metronome Certification and Development of Best Practice Strategies with IM. Mary owns her own pediatric practice "Sensational Kids LLC", based out of Bradenton, FL and operating within clinic, school, home and community based settings. Mary has lectured extensively in her field at a local, national and international level. Mary is keen to explore new avenues for use of IM within her field and authored the IM Pediatric Best Practice Manual in 2009 and co-authored the IM Adult Best Practice Manual. Mary consequently went on to develop the live Pediatric Best Practice Course and numerous webinar presentations to assist providers in their program development and IM 'journey'.

**Agenda:**

07:15	07:45	Registration
07:45	08:15	Introduction to Theory and Development of Pediatric Best Practices
08:15	08:30	Outline of Clients Served
08:30	09:30	Strategies to Modify IM for the pediatric population
09:30	10:00	Core concepts for assessing the Right pace for each individual
<b>10:00</b>	<b>10:15</b>	<b>Break</b>
10:15	10:45	Motivational Strategies to incorporate within your IM sessions
10:45	11:15	Useful equipment to enhance Pediatric Performance
11:15	11:45	Treatment planning and case examples
11:45	12:30	Application to Practice: Lab 1 – incorporating IM into your discipline Specific functional Goals
<b>12:30</b>	<b>01:30</b>	<b>Lunch</b>
01:30	02:00	Workshop and modification resources
02:00	02:45	Application to Practice: Lab 2 – addressing low level clients, infants and Young children
02:45	03:00	Marketing IM with the Pediatric Population
<b>03:00</b>	<b>03:15</b>	<b>Break</b>
03:15	04:00	Application to Practice: Lab 3 – addressing use of IM in a group setting
04:00	04:30	Review
04:30	04:45	Exam
04:45	05:00	Exam Review
05:00	05:15	Q&A

**CEUs Offered for:**

- 0.8 ASHA (SLP/SLPAs)
- 0.8 AOTA (OT/COTAs)
- 8.0 BOC (ATs)
- \*PT & PTAs pre-approved for (0.8 CEUs unless noted otherwise):
- FL (9.0 CEH), GA, IL, OH (8.0 CEUs) & TN.
- Others may submit paperwork to your state board

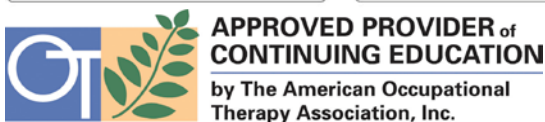


Interactive Metronome, Inc. is recognized by the Board of Certification, Inc. to offer continuing education (CE) for Certified Athletic Trainers (ATs). This program has been approved for a maximum of 8.0 CEUs (Advanced Level). ATs are responsible for claiming only those hours actually spent participating in the CE activity.



Interactive Metronome is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.8 ASHA CEUs (Intermediate level, Professional area).



Interactive Metronome is approved by the Continuing Education board of AOTA to provide continuing education activities in occupational therapy. This program is offered for 0.8 CEUs (Intermediate Level; Professional area). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

# COURSE REGISTRATION FORM

Keep a Copy for Your Records



**Cancellation:** IM reserves the right to determine the appropriate recourse for any CE activity for unforeseeable circumstances, such as a natural or man-made disaster, or in the event not enough attendees enroll in the course. A full refund is provided within 30 days of the date of notification. Participants who wish to cancel their registration must do so in writing. Participants who notify IM of their cancellation in writing (via U.S. certified mail or email) 2-4 weeks prior to the date of the course receive a 50% refund within 30 days of receipt of their notification. Participants who notify IM of their cancellation in writing (via U.S. certified mail or email) 1-2 weeks prior to the date of the course receive a voucher worth 50% of the course fee to attend another IM course. Participants who do not notify IM of their cancellation do not receive a refund.

**Course Site:** IM reserves the right to change location of course site up until 14 days before the course date. Please note we will not move the new location more than 30 miles from the original location. Registrants will be notified via e-mail if the location change occurs.

**Special Needs:** Please indicate any special assistance required when you return your registration (i.e. dietary, physical disability etc.).

**Food & Beverage:** Morning and afternoon beverages and snacks will be served. Lunch will be on your own.

\*Business Name: \_\_\_\_\_

\*Contact Name: \_\_\_\_\_

\*Business Address: \_\_\_\_\_

\*City: \_\_\_\_\_ \*State: \_\_\_\_\_ \*Zip: \_\_\_\_\_

\*Business E-Mail: \_\_\_\_\_

\*Business Phone: \_\_\_\_\_ Business Fax: \_\_\_\_\_

\*Participant Name: \_\_\_\_\_

\*Home Address: \_\_\_\_\_

\*City: \_\_\_\_\_ \*State: \_\_\_\_\_ \*Zip: \_\_\_\_\_

\*Participant E-Mail: \_\_\_\_\_

\*Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Special Needs: \_\_\_\_\_

\*Professional Title for Website: \_\_\_\_\_ \*Education: \_\_\_\_\_

\*Discipline (please check):  SLP  SLPA  OT  COTA  PT  Athletic Trainer  Educator  Other: \_\_\_\_\_

\*What population do you work with? (please check):  Pediatric  Adult  Both \*Indicates required field.

\*State License #: \_\_\_\_\_ \*ASHA License #: \_\_\_\_\_ \*AOTA License #: \_\_\_\_\_

\*Where did you hear about this course?: \_\_\_\_\_

Please fill in the City and Date you would like to attend below:

Course (please check)	City	Date
<input type="checkbox"/> IM Certification Live Course <input type="checkbox"/> IM Pediatric Best Practices <input type="checkbox"/> IM Adult Rehabilitation Best Practices: Motor Skills		

[You can also register online at www.interactivemetronome.com](http://www.interactivemetronome.com)

<b>The price of each course is \$175 pp 3 weeks before the course date. Within 3 weeks of the course the price goes up to \$225 pp. Register for more than one course and save \$50!</b>	<input type="checkbox"/> Check <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Purchase Order *A copy of your purchase order must be attached to your registration form(s).
	Credit Card/PO Number: _____ Exp: _____
	Name on Card: _____ Signature: _____

<b>Registrations will not be processed without a credit card, check or purchase order number.</b>  **CA, CO, & FL orders are subject to tax	Make checks payable to "Interactive Metronome" Mail to: Interactive Metronome, 13794 NW 4 <sup>th</sup> St, Suite #204, Sunrise, FL 33325 Fax registrations: 954-385-4674 Phone registrations or questions: 877-994-6776 opt 4 (US Only) or 954-385-4660 opt 2
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